

Inspired Philanthropy:
Your Step by Step Guide to Creating a Giving Plan and Leaving a Legacy
www.inspiredphilanthropy.com

Exercise 2.1
Stereotypes

10–20 minutes

Fill in the following sentences, allowing yourself to write whatever comes to your mind, uncensored. By getting at the ideas that are just below the surface we can begin to identify our stereotypes—and, if appropriate, discard them.

Typical philanthropists are:

(example: from old money; older than fifty-five; live in mansions, give millions)

- a.
- b.
- c.

People I know who give are:

- a.
- b.
- c.

As a giver I am

(example: generous, focused, scattered, impulsive):

- a.
- b.
- c.

Reflection: What have you learned about yourself by doing this exercise? For example, you may have found that your stereotypes contradict your experience or that the terms philanthropist and giver elicit different reactions.